

The Capital Region Chapter of the  
National Guild of Hypnotists presents:

*Exciting Hypnosis Breakthrough*

**Learn to Communicate in the Esdaile State**  
with Ines Simpson, BCH, CI

**When:** Tuesday, August 17, 2010 6:30-9:30PM

**Location:** Towers of Colonie Community Center  
420 Sand Creek Rd, Albany, NY 12205

**Cost:** Members: Free  
Non-Members: \$30 at door  
(Register by August 10, 2010 and pay only \$15 pp)

Ines Simpson is a Board Certified Hypnotist and Certified Instructor for the National Guild of Hypnotists. She began practicing hypnosis professionally after being certified in 2000 and now has a thriving hypnosis practice near Vancouver, Canada.



Ines Simpson, BCH, CI

The Esdaile state of deep hypnosis was originated in the mid-1800s by Scottish surgeon James Esdaile while working in India. At that time chemical anesthesia was unavailable.

Esdaile was able to condition his patients into an extremely deep state of hypnosis and perform hundreds of surgical procedures painlessly. Beyond the obvious benefits of painless surgery, patients recovered from their procedures faster and with fewer complications than those who did not use hypnosis. This deep hypnotic state seemed to have a direct impact on healing.

One characteristic of the Esdaile State is the profound inability of the client, to communicate with the hypnotist... until now.

Ines Simpson has recently discovered an effective way of communicating with clients in this extremely deep hypnotic state, thus being able to give instructions and receive responses. For the first time, this new technique allows the client to confirm what's going on inside themselves.

This groundbreaking technique will be discussed and demonstrated at this event.

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**Who should attend:** Health care professionals and those interested in hypnosis.

**What will you experience:** Demonstration of how to achieve the Esdaile State and communicate with the client to achieve the client's goals.

Seating limited:

Call George Guarino, CH at 518-256-6549 to reserve your seat.  
or email [george@HypnosisWorksWell.com](mailto:george@HypnosisWorksWell.com) for more information